

MEDIA RELEASE

To News Editors

SAFRA SINGAPORE BAY RUN & ARMY HALF MARATHON 2023 TO RETURN AS PHYSICAL EVENT

The SAFRA Singapore Bay Run & Army Half Marathon (SSBR & AHM) will return with a physical run for the first time since 2018.

The 21km Half Marathon and 10km Race, along with the Families for Life 800m Challenge, will be held on 27 August 2023, flagging off from the Merdeka Bridge and Singapore Sports Hub respectively.

There will also be a virtual 21km Cumulative Challenge held from 31 July to 26 August 2023 for participants who prefer the flexibility of clocking the distance anywhere, anytime, during the one-month period. They can submit their distances clocked online via the 42Race app.

The event is jointly organised by SAFRA and Our Singapore Army to promote an active fitness culture and strengthen bonds among national servicemen (NSmen) and their families.

BG (NS) Kenneth Liow, Director National Service Affairs and Chairman of the SSBR & AHM 2023 Organising Committee, commented, "Many NSmen and their families have been looking forward to the return of the physical run, and we are glad to bring the full experience and excitement back. We will also retain the virtual 21km Cumulative Challenge, which was popular over the last two years among those who preferred to run and train at their own convenience. By providing both physical and virtual participation options, we hope that more NSmen and their families will join us in keeping fit."

The 21km Half Marathon and 10km Race will offer scenic running routes that cover the Marina Bay and iconic landmarks such as the Sports Hub, Singapore Flyer, the financial district, Marina Bay Sands and Gardens by the Bay.

Parents running with their children in the Families for Life 800m Challenge can look forward to a fun-filled dinosaur-themed run this year. Besides receiving a specially designed 'dino' T-shirt, participants will have plenty of photo opportunities with dinosaur mascots on event day.

SAF NSmen and their family members will be able to enjoy discounted registration fees across all categories as appreciation for their contributions to Singapore's defence and support for NS.

The last full physical event was held in 2018, drawing over 40,000 runners. Due to the COVID-19 pandemic, the event was held virtually in 2021 and 2022, attracting close to 29,000 and over 32,000 runners respectively.

Registration is now open till 10 July 2023. Visit <https://www.safra.sg/ssbr-ahm> for more information.

Kindly refer to the fact sheet at Annex A for more details.

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About SAFRA National Service Association

SAFRA was formed in 1972 to provide for the social and recreational needs of NSmen and their families through quality sports, social, educational and cultural programmes to recognise NSmen for their contributions to National Defence. SAFRA currently has a network of seven clubs conveniently located at Choa Chu Kang, Jurong, Mount Faber, Punggol, Tampines, Toa Payoh and Yishun, along with another facility at 29 Carpenter Street. Complementing the modern facilities at SAFRA clubs are a host of quality membership benefits and activities specially packaged for over 540,000 members (as of 31 March 2023) and their families.

About Families for Life

The Families for Life (FFL) Movement aims to building strong and resilient families. The FFL Movement rallies like-minded individuals, families and organisations to strengthen family bonds through large-scale events, national celebrations and online digital campaigns.

FFL365 offers a suite of evidence-informed and evidence-based parenting and marriage programmes; while FFL Parenting is an online repository of localised, research-backed parenting resources. FFL also runs Parent Support Groups, particularly for those with preschool children. FFL@Community brings all these offerings to local communities.

Visit <https://familiesforlife.sg> for tips, resources and interesting family activities as well as a wide range of meaningful volunteering opportunities as FFL volunteers.

Issued on behalf of the SAFRA Singapore Bay Run & Army Half Marathon 2023 Organising Committee

SAFRA SINGAPORE BAY RUN & ARMY HALF MARATHON 2023

FACT SHEET

Event Organisers: SAFRA and Our Singapore Army

Physical Event Details

Date: Sunday, 27 August 2023

Venue: 21km Half Marathon and 10km Race
(Flag-Off at Merdeka Bridge)

Families for Life 800m Challenge
(Flag-Off at Singapore Sports Hub)

Finishing point for all categories at Singapore Sports Hub.

Virtual Event Details

Date: Monday, 31 July to Saturday, 26 August 2023

Race Category: Runners can complete a cumulative 21km distance through a series of shorter runs, anywhere and anytime, during the 4-week virtual event period.

Registration Period & Fees

Registration is now open and will close on Monday, 10 July 2023.

Categories	Rates (per person)		
	SAF NSmen* / SAFVC	SAFRA Dependent Members / SAF Family Members^	Public
PHYSICAL			
21km Half Marathon	\$20	\$60	\$85
10km Race	\$15	\$40	\$65
Families for Life 800m Challenge +	\$10	\$15	\$25
VIRTUAL			
21km Cumulative Challenge	\$10	\$15	\$20

Prices stated above are inclusive of 8% GST.

* Only applicable to NSmen (Operationally Ready National Servicemen, MINDEF Reserves & Ex-NSmen) from the Singapore Armed Forces.

^ Only applicable through promotional code extended to SAF NSmen who have registered.

+ SAF active servicemen, NSmen and SAFRA members who register for this category can add-on their immediate family members (parents, siblings, spouse and children) to form the team (maximum of 5 pax including main registrant) during registration and each of these immediate family members will also enjoy the special rate.

Category Eligibility

Categories	Eligibility
21km Half Marathon	
21km Half Marathon Men's	SAF Active Servicemen and SAF NSmen (ORNS, ROVERS/ Voluntary & Ex-NSmen)
21km Half Marathon Women's	SAF Active servicewomen and SAF volunteers
21km Half Marathon Men's Open	All male participants who are not eligible for the above categories; including: <ul style="list-style-type: none">• SAF Active Servicemen and SAF NSmen's (ORNS, MR & Ex-NSmen) family members• Non-SAF active servicemen & NSmen• Singaporeans/PR• Foreigners

21km Half Marathon Women's Open	All female participants who are not eligible for the above categories; including: <ul style="list-style-type: none"> • SAF Active Servicewomen's family members • Non-SAF servicewomen • Singaporeans/PR • Foreigners
10km Race	
10km Race Men's	SAF Active Servicemen and SAF NSmen (ORNS, ROVERS/ Voluntary & Ex-NSmen)
10km Race Women's	SAF Active servicewomen and SAF volunteers
10km Race Men's Open	All male participants who are not eligible for the above categories; including: <ul style="list-style-type: none"> • SAF Active Servicemen and SAF NSmen's (ORNS, MR & Ex-NSmen) family members • Non-SAF active servicemen & NSmen • Singaporeans/PR • Foreigners
10km Race Women's Open	All female participants who are not eligible for the above categories; including: <ul style="list-style-type: none"> • SAF Active Servicewomen's family members • Non-SAF servicewomen • Singaporeans/PR • Foreigners
Families for Life 800m Challenge	
Families for Life 800m Challenge	Open to fathers, mothers and extended family members. Child must be aged 4 to 16 years old.
21km Cumulative Challenge	
21km Cumulative Challenge	Runners can complete a cumulative 21km distance through a series of shorter runs, anywhere and anytime, during the 4-week virtual event period.

Participants' Entitlements

21km Half Marathon

1. Race Pack
2. SSBR & AHM Army Singlet (applicable to all SAF Active Servicemen and NSmen) OR Event T-Shirt (applicable to SAF Family members, SAFRA Dependent Members & Public)
3. 21km Finisher T-Shirt (only upon completion)
4. Finisher Medal (only upon completion)
5. Personalised Race Bib and Timing Device
6. Personalised e-Certificate
7. Insurance Coverage

10km Race

1. Race Pack
2. SSBR & AHM Army Singlet (applicable to all SAF Active Servicemen and NSmen) OR Event T-Shirt (applicable to SAF Family members, SAFRA Dependent Members & Public)
3. Finisher Medal (only upon completion)
4. Personalised Race Bib & Timing Device
5. Personalised e-Certificate
6. Insurance Coverage

Families for Life 800m Challenge

1. Families for Life 800m Challenge Event T-Shirt
2. Finisher Medal
3. Personalised Race Bib
4. Personalised e-Certificate
5. Insurance Coverage

21km Cumulative Challenge

1. Race Pack
2. SSBR & AHM Army Singlet (applicable to all SAF Active Servicemen and NSmen) OR Event T-Shirt (applicable to SAF Family members, SAFRA Dependent Members & Public)
3. e-Finisher Medal (only upon completion)
4. Personalised e-Bib