



## WHO WE ARE

Ardennes is a modern, one-stop health screening and radiology centre located at Paya Lebar Square. A member of Livingstone Health, Ardennes is connected to a strong and trusted specialist network should you need further care.

As patients once before, we at Ardennes understand exactly what you want, and how you want it. Seamless appointment bookings, quick turnaround times and personalised individual care are par for our course.

Ardennes Health. Walking with you for life.

## OUR CENTRE

We work with only our network of trusted partners to bring you reliable healthcare. Only trusted brands with a proven track record are used in our centre.

Harnessing the latest technologies in the healthcare and radiological industry, we offer the following services:

- Health Screening
- Ultrasound Tests
- X-ray Tests

## OUR STANDARD HEALTH SCREENING PACKAGES (Prices inclusive of GST)

Profile	Basic \$188	Premier \$388	Gold \$688	Platinum \$888 (M)/\$988 (F)	Royal King \$1,888
<b>Hematology</b> • Full Blood Count, Peripheral Blood Film, ESR • Blood Group (ABO) • Anemia Screen (Vitamin B 12/folate), Iron/TIBC, Thalassemia Screen	•	•	•	•	•
<b>Lipids Profile</b> • Total Cholesterol, LDL, HDL, TG, Chol/HDL Ratio, hsCRP	•	•	•	•	•
<b>Diabetic Profile</b> • HbA1c, Fasting Blood Glucose	•	•	•	•	•
<b>Renal Profile</b> • Urea, Creatinine, Sodium, Potassium, Chloride	•	•	•	•	•
<b>Liver Profile</b> • Albumin, Bilirubin, Globulin, A/G Ratio, ALT, AST, GGT, ALP	•	•	•	•	•
<b>Hepatitis Profile</b> • Hepatitis A IgG Antibody, Hepatitis B Antigen & Antibody • Hepatitis C Antibody	•	•	•	•	•
<b>STD Screen</b> • VDRL, HIV Antibody			•	•	•
<b>Bone and Joint Profile</b> • Rheumatoid Factor, Uric Acid, Calcium, Phosphate		•	•	•	•
<b>Thyroid Profile</b> • T3, T4, TSH		•	•	•	•
<b>Tumor Markers</b> • CEA, AFP, PSA (males) or CA125 (females) • EBV-EA + EBNA, BHCG, CA15.3, CA19.9		•	•	•	•
<b>Hormonal / Autoimmune Profile</b> • Estradiol, Testosterone, Vitamin D, ANA, dsDNA, C3, C4 • FSH, LH, Prolactin, H pylori Antibody, SHBG				•	•
<b>Cardiac Risk Profile</b> • Homocysteine, Apo A1, Apo B, Apo A1/B Ratio					•
<b>Urine / Stool Screening</b> • UFEME, Urine Microalbumin Ratio, Fecal Occult Blood Test • Stool FEME	•	•	•	•	•
<b>Radiology and Other Investigations</b> • ECG (resting) • Chest X ray, Tonometry • One Ultrasound of choice • 2 Ultrasounds of choice • 4 Ultrasounds of choice (or option of 2 Ultrasounds of your choice + TMX*) • PAP smear (thin prep) – for ladies • HPV DNA PCR • Urea Breath Test • Spirometry		•	•	•	•

### All screening packages include:

1. History taking and physical examination by doctor
2. Parameter check including blood pressure, in-body assessment, visual acuity assessment
3. Post screening review inclusive of verbal recommendations and specialist review (if required). Medications/treatment not included.

## CARDIOLOGY SCREENING PACKAGE \$1,888

**Hematology** — Full Blood Count, Peripheral Blood Film, ESR, Blood Group (ABO)

**Lipids Profile** — Total Cholesterol, LDL, HDL, TG, Chol/HDL Ratio, hsCRP

**Diabetic Profile** — HbA1c, Fasting Blood Glucose

**Renal Profile** — Urea, Creatinine, Sodium, Potassium, Chloride

**Liver Profile** — Albumin, Bilirubin, Globulin, A/G Ratio, ALT, AST, GGT, ALP

**Hepatitis Profile** — Hepatitis A IgG Antibody, Hepatitis B Antigen, Hepatitis B Antibody

**Bone and Joint Profile** — Rheumatoid Factor, Uric Acid, Calcium, Phosphate

**Thyroid Profile** — T3, T4, TSH

**Tumor Markers** — CEA, AFP, PSA (males) or CA125 (females)

**Urine / Stool Screening** — UFEME, Urine Microalbumin Ratio, Fecal Occult Blood Test

**Cardiac Risk Profile** — Homocysteine, Apo A1, Apo B, Apo A1/B Ratio

**Cardiac Investigations** — ECG (resting), TMX\*, 2DE\*, CT Angiogram\*

## PRE-MARITAL SCREENING PACKAGE \$298 (one pax) | \$558 (couple)

**Hematology** — Full Blood Count, Peripheral Blood Film, Blood group (ABO)

**Diabetic Profile** — Fasting Blood Glucose

**Thalassemia Screen** — Hb Electrophoresis

**Hepatitis Profile** — Hepatitis Bs Antigen & Antibody, Hepatitis C Antibody, Rubella IgG Antibody

**STD Screen** — VDRL, HIV Antibody (Add on Chlamydia/Gonorrhoea screening - \$150) – GC PCR (male – urine, female – swab)

**Thyroid Profile** — T4, TSH

**Semen Analysis**

**Urine Analysis** — Urine FEME

## WELL WOMEN'S HEALTH SCREENING PACKAGE \$698 / \$600 (For those without Mammogram\*)

**Hematology** — Full Blood Count, Peripheral Blood Film, ESR, Blood Group (ABO)

**Anemia Screen** — Vitamin B 12/folate, Iron/TIBC

**Lipids Profile** — Total Cholesterol, LDL, HDL, TG, Chol/HDL Ratio, hsCRP

**Diabetic Profile** — HbA1c, Fasting Blood Glucose

**Renal Profile** — Urea, Creatinine, Sodium, Potassium, Chloride

**Liver Profile** — Albumin, Bilirubin, Globulin, A/G Ratio, ALT, AST, GGT, ALP

**Hepatitis Profile** — Hepatitis A IgG Antibody, Hepatitis B Antigen, Hepatitis B Antibody

**Bone and Joint Profile** — Rheumatoid Factor, Uric Acid, Calcium, Phosphate

**Hormonal Analysis** — FSH, LH, Prolactin

**Thyroid Profile** — T3, T4, TSH

**Tumor Markers** — CEA, AFP, CA125

**Histology** — PAP Smear, HPV DNA PCR

**Urine / Stool Screening** — UFEME, Urine Microalbumin Ratio, Fecal Occult Blood Test

**Imaging** — Ultrasound (Breasts & Pelvis), Mammogram\* (only for those aged 40 years old & above)

\*Conducted in a separate location