

3D2N CAMP - PACKING LIST

All these items below are to be packed inside the bag.
 Reporting attire: Dark Coloured Top with Long Pants and Covered Shoes
 Additional Items Issued In Camp: 2 Shirt, 1 Water Bottle, 1 Small Bag Pack and 1 Cap

Item(s)	Quantity	Remarks	Checklist
T-Shirts	2 sets		
Swimming Costume/Wear	1 sets	For Swimming Pool Games	
Shorts	Sufficient	For Sleeping	
Long Pants	2 sets	For Activity	
Undergarments	Sufficient		
Pyjamas	1 set	Optional	
Socks	Sufficient		
Toiletries (Toothbrush, Toothpaste, Showering Gel)	1 set		
Toilet Roll / Tissue Paper	Sufficient		
Bath Towel	1 set		
Slippers	1 pair	For Shower Use	
Plastic Bags Or Zip Lock Bag	2 - 3 pieces	For Utensils, Clothes Etc...	
Plate, Utensils And Mug	1 set	Non-Disposable Use for Outdoor Cooking	
Sleeping Bag	1 set		
Extra Covered Shoe	1 pair	In Case Shoes Wet	
An Extra Day Bag To Carry Around During Activity To Include The Following Items;			
Small Bag Pack or Day Bag (10L to 15L)	-	Issued In Camp	
Personal Medications (Depending On Individual Condition(S))	Sufficient	If any	
Oral Digital Thermometer (ODT)	1 piece	Ensure That It Is In Working Condition	
Water Bottle (At Least 1L)	1	Additional Bottle Issued In Camp	
Mosquito Repellent or Patch	Sufficient		
Raincoat / Poncho	1	For Wet Weather	
Torch Light with Batteries	1	For Emergency and Campfire	
Writing Materials (To Write Down Notes)	1 set		